



The benefits you need, the care you deserve

As a member of UnitedHealthcare® Community Plan, a MO HealthNet Managed Care health plan, you have great health care coverage. You also have access to many special programs and services. If you'd like to learn more, just call us. We want to help you make the most of your health plan.



Making it easier to stay healthy

Rides – Eligible members will get no-cost transportation to medical, dental, WIC, and pharmacy appointments. Rides are also available to grocery stores, food pantries, weight management classes, job training, vocational rehab, and SUD services for pregnant moms. You can schedule a ride by calling 1-844-529-1801, TTY 711, or visit mtm-inc.net/contact.

One Pass gym membership – Members 18 years of age and older get access to a large network of national fitness centers. This includes on-demand and livestreaming online fitness programs from home. You can get signed up by calling member services or going to rallyhealth.com/onepass-uhcmo.

Asthma support – Special supplies are available, including a hypoallergenic mattress cover and pillow case. You can work with your case manager or call member services to get your supplies.



For pregnant women, babies and youth

Electronic breast pumps – Enrolled pregnant members are eligible for an electronic breast pump (limit one). Call member services for information on how to receive yours.

YMCA Membership – Members up to 17 years old can join their local Y and participate in programs. Bring your member ID into your local YMCA location to get signed up.

KidsHealth® – Reliable information on health topics about, and for, kids and teens.

Mom's Meals – Pregnant members can receive 30 frozen meals (2 meals per day for 15 days) delivered to their home after delivery. To set up delivery for meals talk with your case manager or call member services.

Wellhop – An app that connects moms to support and resources during pregnancy. To sign up, download the Wellhop for Mom & Baby app or visit momandbaby.wellhop.com.

See other side to learn more →

United
Healthcare
Community Plan



Support for you

Sanvello – On-demand app that offers clinical solutions to help dial down the symptoms of stress, anxiety and depression. To sign up, download the Sanvello app or visit sanvello.com

Peer support specialists – Coaches can provide support for substance use disorder (SUD) recovery.

Services at no cost to you through MO HealthNet Managed Care

- Doctor and specialist visits
- Urgent and emergency care
- Lab and X-rays
- Pregnancy care
- Mental health and substance use treatment
- Vision services

For a full list of benefits see your member handbook or myuhc.com/communityplan

Learn more

Call toll-free **1-866-292-0359**, TTY **711** | uhccp.com/missouri

UnitedHealthcare does not discriminate based on race, color, national origin, sex, age or disability.

We provide communication help at no cost for people with disabilities. This includes materials with large print. It includes audio, electronic and other formats. We also have American sign language interpreters. If English is not your main language, you may ask for an interpreter. We also have materials in other languages. To ask for help, call 1-866-292-0359, TTY 711. Hours are 8 a.m.–5 p.m., Monday–Friday.

ATTENTION: If you do not speak English, language assistance services, at no cost to you, are available. Call 1-866-292-0359, TTY 711.

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-866-292-0359，TTY 711。